



About the Training for Facilitators for The "ASK" Workshop

What does the Training for Facilitators (T4F) entail?

The T4F is a three day intensive (8:30-5:00) experience that supports eligible candidates in learning to facilitate The "ASK" Workshop. It begins with participation in The "ASK" Workshop led by the T4F Leader, a highly experienced Facilitator, after which Facilitators in Training receive a copy of the Facilitator Manual. They are assigned a portion of the manual to study and prepare for the next day. On Days Two and Three Facilitator Candidates reflect on and discuss aspects of the workshop content and processes, supported by the T4F Leader. They practice facilitating the parts of the workshop they were assigned providing feedback and support to one another. They have an opportunity to consider a variety of workshop participant perspectives and how to support participant learning during the workshop. On Day Three all candidates receive feedback from the Session Leader. Successful candidates are invited to sign an agreement with the developer licensing them to present the workshop within a specified region, most often where they reside although other regions may be negotiated. The T4F has been designed to support and facilitate candidate success, including up to two hours post-T4F support as needed at no additional cost.

Who is eligible to become a Facilitator for The "ASK" Workshop?

Interested persons are invited to submit an application. Anyone who meets the following criteria is eligible to participate in the T4F:

- submitted an application to attend the T4F, which has been approved by us
- has attained legal age to be considered an adult
- completed the 2-day ASIST workshop within the last 3 years
- experience working with persons at risk of suicide
- has a passion for developing and supporting suicide safety through training and education

The following are highly desirable:

- active trainers in good standing for ASIST/safeTALK, Mental Health First Aid or similar
- university level preparation in psychology, social work, child development

What is the cost of participating in the T4F?

The registration fee for an open registration T4F is approximately \$1400** + applicable taxes. This fee includes coaching and support from a T4F Leader over the three days of the T4F, all facilitator materials (manual, audio visuals, slide deck) and refreshments and lunches on all three days as well as up to two hours post-T4F support as needed determined by the Session Leader. In-house contracts for groups of candidates are also available.

For more information about the T4F please email: info@lifelineworkshops.com

**The cost of participating in the T4F varies between regions, may be higher where there is no local T4F Leader, and is subject to change. Please confirm costs prior to registering for the T4F.